#### **Confluence Health General Surgery Referral Guidelines**

| Adrenal Masses (Endocrine): | 1 |
|-----------------------------|---|
| Colon/ Rectal/ Anal Cancer: | 1 |
| Esophageal Cancer:          | 1 |
| Gastric Cancer:             | 1 |
| GERD:                       | 1 |
| Hemorrhoids:                | 2 |
| Hiatal Hernia:              | 2 |
| Pancreatic Cancer:          | 2 |
| Temporal Artery Biopsies:   | 2 |

## Adrenal Masses (Endocrine):

◆ Patient must be referred to Endocrinology and see them prior to being scheduled with a surgeon.

## Colon/ Rectal/ Anal Cancer:

♦ Staging CT Chest/ Abdomen/Pelvis must be scheduled prior to scheduling consultation with surgeon. Consultation to take place after imaging has been completed.

## **Esophageal Cancer:**

♦ Staging CT Chest/ Abdomen/Pelvis must be scheduled prior to scheduling consultation with surgeon. Consultation to take place after imaging has been completed.

### **Gastric Cancer:**

◆ Staging CT Chest/ Abdomen/Pelvis must be scheduled prior to scheduling consultation with surgeon. Consultation to take place after imaging has been completed.

#### **GERD:**

Required Imaging & Testing for Gerd Referrals prior to Surgeon seeing:

\*\*If referred by the Emergency Department- needs to see PCP first and have the testing ordered.

◆ Recent EGD or Esophagram (within last 2 years), Bravo pH, manometry

#### Hemorrhoids:

Things that need to be completed prior to the patient seeing a General Surgeon. The patient will first be scheduled with one of our General Surgeons PA or ARNP.

- ♦ Internal rectal exam
- ♦ Try using 20-40 grams of fiber daily
- ♦ Drink 40 oz non caffeinated beverages daily
- ♦ If still constipated, try taking Miralax 1 capful per day.
- ♦ Spend 5 minutes or less on the toilet.

#### Hiatal Hernia:

Required Imaging for Hiatal Hernia Referrals prior to Surgeon seeing:

\*\*If referred by the Emergency Department- needs to see PCP first and have the testing ordered.

♦ Recent EGD or Esophagram (within last 2 years)

#### Pancreatic Cancer:

♦ Staging CT Chest/ Abdomen/Pelvis must be scheduled prior to scheduling consultation with surgeon. Consultation to take place after imaging has been completed.

# **Temporal Artery Biopsies:**

- ♦ Ultrasound exam is required to rule- out temporal arteritis and a biopsy will only be done if the ultrasound exam is equivocal or if a doctor-to-doctor call is completed.
- ❖ To order the ultrasound: The Vascular Order is VAS114 \*Giant Cell Arteritis Temporal\* (call the Vascular Call Center to schedule at x 33850 or 509-433-3850.

## Provider Decision Support

Updated 5/2024 by Gregory Lammert MD

